

The Mind's Evaluation

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Plants, water, air and other nature elements embedded in a forest of an urban green space give a different mind evaluation or perception. Generally, each socio-demographic group shares different thoughts and views on green area. Their interpretation varies according to their assumption, knowledge, exposure and experience. Parents evaluate green space as a place to explore, exercise and a possibility for their kids to meet other kids. They reflect green space as a safe place for free play with a chance to enjoy the scenery for the whole family. However, in a child's brain, they see green area with fear but fun at the same time, with excitement to perform active activities like playing, running and climbing trees.

On the contrary, teenagers might perceive green space as a place of adventure and filled with adrenaline akin to natural forest but in an urban environment. The euphoria also plays in their mind as they imagine a river, a waterfall or a mountain peak. However, in the elderly, green space is translated into a natural environment that provides a sense of peace and calmness. The greenery helps to calm and relax them as they recollect memories of their youth.

The brain translates all these feelings and emotions felt by these individuals through facial expressions. It is hard to look inside the brain to understand what every individual feels. However, we can read and understand their minds and how they evaluate and perceive the natural setting experience from their facial expressions.





